

Welcome message from the desk of:



Dr. Anthony Balduzzi,
Founder, The Fit Mother Project
Creator, Black Friday 2020 Thunder Sale

Hello, my friend and welcome to your Fit Mother Black Friday 2020 Sale! On behalf of our entire FMP Team, we are incredibly happy and grateful to host this sale for you.

Because of all the absolute CRAZINESS happening this year, I know that you need **something you can count on**.

Something that helps you **refocus on your health...** Something that helps you **strengthen your commitment to following the healthy lifestyle** that you've already committed to... and that you know is the essential path for you to follow so that you're healthy, strong, youthful, and energetic well into your 50s, 60s, 70s, & beyond.

For you today, this refocusing and deepening commitment is critical. Because, right now... there are so many things out of our control...

- Craziness with politics...
- Coronavirus lockdowns...
- Changes to the economy...
- Challenges with work...
- Challenges with our families, relatives, and raising our kids...

With everything 2020 has thrown at us, we feel the challenges and added stress on some level.

The great news? **The one thing that is ALWAYS in our control is our ability to focus on improving ourselves and helping our families live healthier** - despite anything that may be happening in the external world.

That is the commitment we make as Fit Mothers...

We commit ourselves to eating right, exercising as much as we can, and maintaining a positive attitude so that we can **CREATE** our lives and health the way we want them to be... not to be a victim of circumstance.

We commit ourselves to following a healthy lifestyle so we can look and feel amazing for decades into the future, and so that we can be the bedrock of strength for our families, friends, and communities.

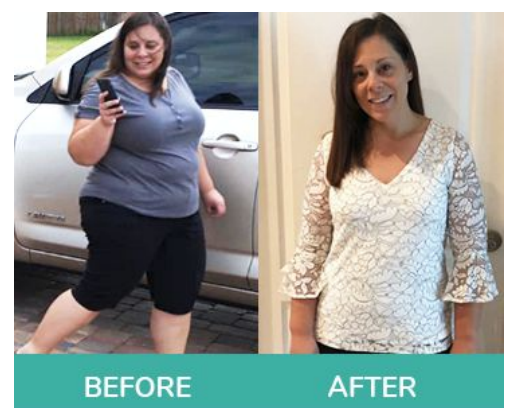
It's a sad fact. Right now, so many women are trapped in the cycle of playing the victim. And they're getting fatter, sicker, and more stressed. Meanwhile, **Fit Mothers are stepping up**, strengthening our commitment to our health, and putting in the consistent work to make it happen.

It's a fact. **You HAVE THE POWER** to create the **HEALTH & LIFE** you want ... by choosing to **focus on your health and the things you can control**.

That's why this Black Friday sale is so important. This sale is your chance to refocus on your health, strengthen your commitment, and **see SERIOUS RESULTS with your health, fitness, & weight loss goals**. The special Black Friday deals we've created for you will help you do that over the next few months & set you up for huge success next year in 2021.

As you know, our Fit Mother Team has found the proven path to help busy moms like you transform & reach their final health goals.

After refining our programs on over 10,000 women all around the world, we've created the powerful **step-by-step program path** for you to follow that will finally enable you to reach **YOUR dream health and life**... whether that's losing 100 lbs, getting a strong & toned body, or getting off prescription medications and reversing heart disease and diabetes.



STEPHANIE, 42 YEARS YOUNG

Proud Fit Mother Member

50lbs Lost

All of the women you're seeing over the coming pages are using our Fit Mother All-Access Membership which gives you every single program we offer (all phases of our FM30X Weight Loss Program Series and all of our powerful bonus programs).

Because it's Black Friday, I am going to give you **EVERY REASON** to join us in a **LIFETIME MEMBERSHIP** where you get access to every single health & fitness program you'll ever need to reach your final goals and get the best results possible.

And for Black Friday, **you'll SAVE 50%** on your Fit Mother Lifetime Membership. You'll pay once. Never pay again.

As a Lifetime Member, you'll have your complete step-by-step health & fitness plan to follow for the rest of this year so you get through the holidays healthy & strong... and you'll have the exact programs to follow into 2021 so you hit the ground running.

PLUS: As a Lifetime All-Access Member of the FMP, you get EVERY new fitness program we release in the future. This is truly your solution for a lifetime of health, results, and commitment.

For Black Friday you'll save \$200 on a Lifetime Membership, get **50% OFF** and you'll pair your membership with a powerful Supplement stack for the BEST RESULTS.



AMY, 49 YEARS YOUNG
Proud Fit Mother Member
80lbs Lost



MEGAN, 37 YEARS YOUNG
Proud Fit Mother Member
27lbs Lost



DIANE, 60 YEARS YOUNG
Proud Fit Mother Member
76lbs Lost

If your goal is to lose more weight & tone your body...

You will **get your Lifetime All-Access Membership** and follow the FM30X Program Series (Phases #1-4) until you reach your goal weight & body.



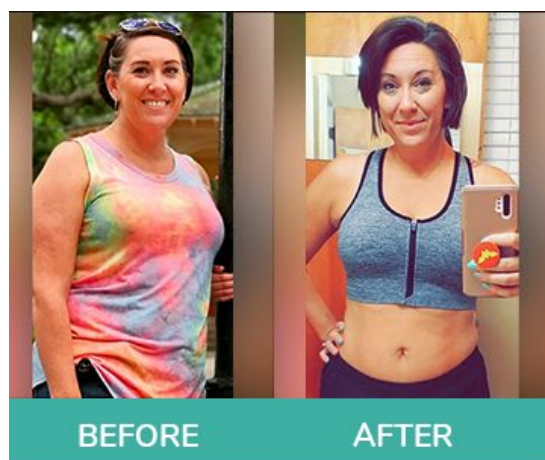
That's what the Fit Mother Project is all about. We're a group of like-minded individuals committed to living healthy, long lives. We're committed to taking back control and being a positive, healthy example for our children.

We are people who **PRIORITIZE HEALTH**. And we put in the work and encourage one another to become BETTER at 50, 60, and 70... than we are today.

And we're winning, because we have both the proven path and the amazing support to help one another succeed.

Our Fit Mother Team has created the proven **PROGRAMS + SUPPLEMENT STACKS** that will get you there faster and simpler than you ever thought possible.

Here's exactly how you can get started with this sale...



MELISSA, 38 YEARS YOUNG
Proud Fit Mother Member

15lbs Lost



STEPH, 35 YEARS YOUNG
Proud Fit Mother Member

85lbs Lost

How Does This Black Friday Thunder Sale Work?

First, the Fit Mother Thunder Sale opens on Monday, November 23rd (in a few days). The sale will run for 8 days and close on Monday, Nov. 30th at midnight EST. This is a hard close. No exceptions.

When the sale is LIVE my team and I will email you special links.

Click those links in your email. You'll be directed to a special deal page where you **get 50% OFF your Lifetime All-Access Membership** + the proven supplement bundle to get you the best results possible.

Step #1: You Will Get Your FMP Lifetime All-Access Membership.



You get every health & fitness program you will EVER NEED.

This Lifetime All-Access Membership is your complete solution to reach your final health goal and maintain your results for life.

**For Black Friday, you save \$200 on this
Lifetime All-Access Membership.
Lowest price ever.**

**In addition to your Lifetime All-Access Membership,
you'll also pick your FIT MOTHER SUPPLEMENT STACK.**

Our brand new Fit Mother Supplement Stacks will help you get the BEST RESULTS POSSIBLE. These stacks accelerate your results and will keep you 100% on track during the craziness of the holidays & end of year.

After helping thousands of busy moms transform, we've discovered that our FIT MOTHER PROGRAMS and INFORMATION are highly effective... YET, having the **TOOLS** to go along with those programs is **ESSENTIAL** to your success. That's why we've designed **WORLD-CLASS supplements** for women 40+ that pair perfectly with your All-Access Membership.

For Black Friday, you will select a SUPPLEMENT STACK to go along with your FMP All-Access Membership.

You have (3) supplement stacks to choose from:

Option #1: The Essentials Stack (Fit Mother Burn)

You can get the ESSENTIALS Stack which contains Fit Mother Burn Rx... the metabolism-booster for busy women 40+ that will help you get faster results from your healthy eating and exercise efforts.

Burn RX helps your body ***burn more fat, boosts energy + focus, improves blood sugar and reduces your hunger & cravings:***



- The safe & research-backed fat-burning compounds inside BURN Rx will help you lose weight easier and get rid of stubborn fat.
- BURN Rx's natural energy & focus blend will help you feel more energized WITHOUT jitters or energy crashes. Take BURN in the morning and you'll feel more focused, happy, & productive.
- BURN Rx's natural research-proven blood sugar stabilizers will help your body get healthier and reduce the damaging effects of elevated blood sugar (diabetes, heart disease, dementia, and energy crashes).

Burn RX (your Essentials Stack) will help you see faster results. Burn Rx will also increase your energy naturally and help you control your hunger and food cravings, which will make healthy eating easier to stick to.

Supplement Stack #2: The FASTER Stack

If you want even faster results, you will select the **FASTER STACK** when you're creating your **Black Friday Bundle Deal**.

The **FASTER STACK** contains:

- BURN Rx: Metabolism booster
- BALANCE Rx: Hormone Balancer

With the Faster Stack, you get the amazing benefits of Burn RX. PLUS you also get our brand new **BALANCE RX** the hormone balancer for women 40+ that will help bring your body's hormone levels into balance which will improve your mood, sleep, skin, and stress levels AND make it easier for you to lose weight.



BALANCE Rx has a research-backed formulation of 19+ vitamins, minerals, and herbs that will help restore your body's hormone balance. Balance Rx is perfect for women pre, during, and post menopause who want to give their body the natural support it needs to feel balanced and healthy.

(You can see the ingredients inside Balance Rx at the end of this guide).

You will take **BURN RX** and **BALANCE RX** in the morning to KICKSTART your fat-burning metabolism and balance your mood, stress, and hormones for the day.

This FASTER STACK is the right choice for you if you want to see FASTER weight loss results... AND you want to help your body's hormone levels become more balanced so you feel happier and healthier very quickly.

For Black Friday, you have one more supplement stack you can choose...

Stack Option #3: The Fit Mother COMPLETE Stack

You get our entire Fit Mother supplementation system:

- BURN RX: Metabolism Booster
- BALANCE RX: Hormone Balancer
- JOINT RX: natural joint support & pain reliever for women 40+
- HEART RX: improve your cholesterol and blood pressure naturally
- IMMUNE BOOSTER RX: boost your immune strength against viruses

The COMPLETE Stack includes every Fit Mother supplement we offer. This stack is for the women who want it all. The COMPLETE stack, gives you every supplement you need to improve every aspect of your health.



Joint RX is perhaps the best joint support on the market. Take it and you will FEEL like your joints are younger and move better. Joint RX will help you relieve pain in any areas of your body that give you trouble... and actually rebuild some cartilage and reduce inflammation in your problem areas. Plus, the special collagen we included in Joint RX (called UC II ®) will also help your hair, skin, and nails become healthier & stronger.

Heart RX... is a natural combination of vitamins, minerals, & plant-derived phytochemicals (including CoQ10, Omega 3, magnesium, Turmeric, & more). As women age, it's ESSENTIAL that you protect your heart health. This Heart RX supplement will help improve your circulation, improve your cholesterol levels, and improve your blood pressure with safe, natural, and research-backed ingredients. Overall: this COMPLETE stack is every supplement you need to improve your health.

Whichever SUPPLEMENT STACK you choose, these **doctor-formulated, clean (made in USA), and effective research-backed supplements** will pair perfectly with your program to get you the BEST RESULTS possible. **At the end of this guide, you'll see more info on all the supplements.**

BLACK FRIDAY THUNDER SALE RECAP:

The sale opens Mon, Nov 23rd and closes Mon, Nov 30th, midnight EST. This sale is a BUNDLE of a LIFETIME ALL-ACCESS MEMBERSHIP + a SUPPLEMENT STACK of your choosing.

When the sale is LIVE my team and I will **email you special links**. Click those links in your email. You'll be directed to a special deal page where you will **customize your Black Friday bundle in (2) easy steps**:

Step #1: you will get your Fit Mother Lifetime Membership (\$200 Off), which is the lowest price we ever offer this incredible membership. This is the best deal of the year. Period.

Step #2: you will pick your SUPPLEMENT STACK.

- The ESSENTIALS Stack is... BURN RX: Metabolism Booster
- The FASTER Stack is... BURN RX + BALANCE RX
- The COMPLETE Stack is... BURN + BALANCE + JOINT + HEART + IMMUNE BOOSTER

Just like the Lifetime Membership, All SUPPLEMENT stacks are at **the lowest price of the year** for Black Friday. Keep an eye out for an email from me & the team over the next few days. Sale opens very soon. I am excited to get you your Black Friday Bundle.

Yours in Health,



Dr. Anthony Balduzzi
Founder, *The Fit Mother Project*

P.S. If you'd like to learn more about all the individual, specific supplements included for you on Black Friday (or check out some FAQs about the sale) scroll through the next few pages.

FREQUENTLY ASKED QUESTIONS:

When does the Fit Mother Black Friday sale open & close?

The sale opens on Monday, November 23. We will send you an email when the sale is open. The sale closes on Monday, Nov 30th at midnight EST.

Where do I get my Black Friday deals?

We will email you special links while the sale is open. Those links will direct you to a special webpage where you can get your all-access membership + supplement bundle at the lowest price of the year.

Why is the BF Sale a bundle of Membership + Supplements?

After helping 10,000 women around the world with our Fit Mother systems, we've realized that the #1 best way to get you results is to give you BOTH the INFORMATION (in the form of programs) AND the TOOLS (in the form of supplements) so you have a complete action plan. With the combination of the proven programs and supplements you will see faster results from the meal plan and workouts you'll be following. You will also be helping your body get healthier and stronger from the inside and outside.

Can I buy just supplements or Lifetime Membership by themselves?

For your Black Friday deal, you're getting a BUNDLE of Lifetime Membership + Supplements together. You're getting the absolute lowest price we will ever offer these programs and supplements at. Our supplements are available year round for individual purchase on our store, but they are not at the incredibly low sale prices.

Why is there no Fit Mother SuperFuel Protein? Is that coming soon?

We have just completed the formulation of Fit Mother SuperFuel! It's currently being manufactured. Trust us when I say that Fit Mother SuperFuel is absolutely incredible... I personally like the taste even more than Fit Father SuperFuel... but don't tell the guys :-). Fit Mother SuperFuel will be ready for you in January 2021 (in a few weeks). We will email you when it is ready.

On the next pages, you'll find the info on each of the supplements.

BURN RX

*The Metabolism Booster For Women 40+
Get Faster Results From Your Diet + Exercise.*

WHAT does BURN Rx do?

Burn RX helps your body **burn more fat, boosts energy + focus, improves blood sugar and reduces your hunger & cravings:**

- The safe & research-backed fat-burning compounds inside BURN Rx will help you lose weight easier and get rid of stubborn fat.
- BURN Rx's natural energy & focus blend will help you feel more energized WITHOUT jitters or energy crashes. Take BURN in the morning and you'll feel more focused, happy, & productive.
- BURN Rx's natural research-proven blood sugar stabilizers will help your body get healthier and reduce the damaging effects of elevated blood sugar (diabetes, heart disease, dementia, and energy crashes).



WHO is BURN Rx for?

- Burn RX is for **women who are working on losing weight** and want to see faster and easier results from their eating & exercise efforts.
- Burn RX is for **women who want to build muscle + lose fat at the same time**. BURN Rx will help your body burn more fat before, during, and after your workouts, which will improve your body composition.
- BURN RX is for **women who want more energy and sometimes struggle sticking with healthy eating because of food cravings**. BURN RX will help boost your energy + metabolism which will help you feel less hungry AND improve your natural blood sugar levels.

WHAT'S inside BURN RX?

Burn RX contains a powerful & research-backed formulation of 17+ ingredients that boost your metabolism, energy, and fat-burning:

- **B-Vitamin Super Complex:**
Vitamins B3, B5, B6, & B12 for better energy & metabolism
- **Energy + Blood Sugar Support:**
Chromium, Coleus Forskohlii, TeaCrine®, Panax Ginseng, Dynamine
- **Fat Burn + Metabolism Boosters:**
Green Tea Extract (EGCG), GBB, L-Carnitine, Cayenne, Yohimbine, Grains of Paradise (CaloriBurn™)

Supplement Facts		
Serving Size: 2 Capsules		Servings Per Container: 30
	Amount Per Serving	% DV*
Vitamin B3 (as niacinamide)	20 mg NE	125%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	118%
Vitamin B12 (as methylcobalamin)	24 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%
Chromium (as chromium picolinate)	400 mcg	1143%
N-Acetyl L-Carnitine Hydrochloride	300 mg	**
Coleus Forskohlii Extract (10% Forskolin)(root)	125 mg	**
Asian Ginseng Extract (7% Ginsenosides)(Panax ginseng)(leaf)	100 mg	**
Green Tea Extract (50% EGCG) (Camellia sinensis)(leaf)	100 mg	**
Natural Caffeine (from Green Tea (Camellia sinensis)(leaf))	50 mg	**
Cayenne Pepper Fruit Extract (capsicum annuum)	50 mg	**
Gamma-Butyrobetaine Hydrochloride (GBB)	50 mg	**
Grains of Paradise Extract (Aframomum melegueta)(seed)(CaloriBurn™)	40 mg	**
Theacrine (as TeaCrine®)	25 mg	**
Methyliberine (as Dynamine™)	25 mg	**
Black Pepper Extract (Piper nigrum)(fruit)(Bioperine®)	5 mg	**
Alpha Yohimbine Hydrochloride (Rauwolfia vomitoria)(root)	2 mg	**
* Percent Daily Values are based on a 2,000 calorie diet.		
** Daily Value not established		

How and WHEN do I take BURN RX?

Take 2 caps in the morning with or without food. In around 15-minutes, you'll notice an increase in energy. You can take BURN RX with any of our other FMP Supplements including: Balance RX, Joint RX, Heart RX, and Immune RX.

Manufacturing Quality Standards:



BURN RX is a doctor-formulated supplement. Made in a FDA certified Good Manufacturing Practice facility in the USA. Satisfaction Guaranteed.

OUR PROMISE TO YOU: try a full bottle of Burn RX for 30-days and you'll notice decreased body fat and more energy ... or you pay nothing.

BALANCE RX

*The 100% Natural Hormone Balancer
For Busy Women 40+.*

WHAT does BALANCE RX do?

Balance RX will help bring your body's hormone levels into balance which will improve your mood, sleep, skin, and stress levels AND make it easier for you to lose weight.

- After age 40, your estrogen levels and overall hormone balance begin a rollercoaster decline, which eventually leads to menopause... when the body stops having menstrual cycles and your body stops producing as much estrogen. When estrogen levels are out of balance, it's very common to have mood swings, hot flashes, weight gain, skin changes, trouble sleeping, and difficulty losing weight.
- Balance Rx helps fix all of that with a research-proven blend of vitamins, minerals and herbs that have been used for thousands of years to help the female body gracefully and **naturally balance hormone levels before, during, and after menopause**. With Balance Rx, you will feel like your body is working like it should... with more energy, a happier mood, a better libido, AND it will become easier to lose weight through healthy eating & exercise.

WHO is BALANCE Rx for?

- Balance RX is for **women 40+ who feel like their bodies and hormones are changing**. Women who want a natural solution to feel more balanced, energized, healthy, and less stressed. Balance RX works for women before, during, and after menopause.



WHAT'S inside BALANCE RX?

Balance RX contains a powerful & research-backed formulation of 19+ ingredients that balance your hormones, energy, mood, and stress:

- **Hormone Balancing Vitamin & Mineral Complex:**
Vitamin A, Vitamin D, Vitamin E, B-Complex (B3, B6, B9, B12), Calcium, Boron
- **Estrogen & Overall Hormone Balancing Blend:**
Organic Maca Powder, Dong Quai, DIM, Black Cohosh, Chaste Tree, Milk Thistle
- **Mood, Libido, Energy, & Stress Improvement Blend:**
Organic Maca Powder, Epimedium, Tribulus Terrestris, St. John's Wort

Supplement Facts		
Serving Size: 4 Capsules Servings Per Container: 30		
	Amount Per Serving	% DV*
Vitamin A (as beta carotene)	180 mcg RAE	20%
Vitamin D (as cholecalciferol)	20 mcg	100%
Vitamin E (as acetate)	15 mg α-tocopherol	100%
Vitamin B3 (as niacinamide)	20 mg NE	125%
Vitamin B6 (as pyridoxine hydrochloride)	100 mg	5882%
Folate	333 mcg DEF (folic acid 200 mcg)	83%
Vitamin B12 (as methylcobalamin)	2.4 mcg	100%
Calcium (as dicalcium phosphate)	49 mg	4%
Organic Maca Powder (Lepidium meyenii)(root)	750 mg	**
St. John's Wort Extract (Hyperici perforati)(herb)	300 mg	**
Chaste Tree Berry Extract 20:1 (Vitex agnus-castus)(fruit)	250 mg	**
Epimedium Extract (10% Icarins) (Epimedium sagittatum)(aerial)	200 mg	**
Dong Quai Extract (Angelica sinensis)(root)	150 mg	**
3,3'-Diindolylmethane (DIM)	150 mg	**
Black Cohosh Extract (Cimicifuga foetida)(root)	100 mg	**
Milk Thistle Extract (Silybum marianum)(seeds)	50 mg	**
Boron Glycinate Complex (Bororganic™ Glycine)	10 mg	**
Tribulus Terrestris Extract (60% Saponins)(fruit)	7.5 mg	**
Black Pepper Extract (Piper nigrum)(fruit) (Bioperine®)	5 mg	**

How and WHEN do I take BALANCE RX?

Take 4 caps of Balance RX in the evening before bed. This can be with or without food. Balance RX will help bring your body's hormone levels into balance which will improve your mood, sleep, skin, and stress levels AND make it easier for you to lose weight.

Manufacturing Quality Standards:



OUR PROMISE TO YOU: try a full bottle of Balance for 30-days and you'll notice improved energy, mood, and stress ... or you pay nothing.

JOINT RX

*The Advanced Joint Support, Recovery Aid
+ Inflammation & Pain Reducer for Women 40+*

WHAT does JOINT Rx do?

Joint RX helps your body **feel and move younger** by working in (3) powerful ways:

- Increases your body's natural joint lubrication via hyaluronic acid to boost healing & recovery.
- Reduces pain & inflammation so you feel better.
- Delivers key nutrients to rebuild cartilage so you actually improve - not just mask symptoms.
- Provides you with a special type of collagen (called UC II ®) that will help improve the quality of your joints, hair, skin, and nails.



WHO is JOINT Rx for?

- Joint RX is for **women feeling the aches & pains of getting older** and want a proven, research-backed supplement to feel better, move better + look younger.
- Joint RX helps **women who have old injuries**. Joint Rx will help reduce pain in your problem areas and help you workout with less pain.
- Joint RX is for **women who want prevention** and want to strengthen their joints, tendons and ligaments.
- Joint RX helps **speed up recovery from workouts when you feel like you've "overdone it"** and are experiencing some pain/soreness.

WHAT'S inside JOINT RX?

Joint RX contains a powerful & research-backed formulation of 15+ ingredients that improve joint health and mobility:

- **Vitamin & Mineral Complex:**
Vitamin D3, Vitamin K2, Folate, B12, Calcium, Magnesium, & Zinc
- **Anti-Inflammatory & Pain Reduction Complex:**
Boswellia, Turmeric + Bioperine, Pine Bark Extract
- **Joint Rebuilding Complex:**
UC-II® Undenatured Collagen, Hyaluronic Acid, Boron

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV*
Vitamin D (as cholecalciferol)	50 mcg	250%
Vitamin K (as menaquinone-7)	50 mcg	42%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Folate	667 mcg DFE (folic acid 400 mcg)	167%
Vitamin B12 (as methylcobalamin)	240 mcg	10000%
Calcium (as calcium citrate, dicalcium phosphate)	111 mg	9%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc citrate)	10 mg	91%
Boswellia Serrata Extract (65% Boswellic Acids)(resins)	250 mg	**
Turmeric Extract (95% Curcuminoids) (Curcuma longa)(root)	250 mg	**
Pine Bark Extract (95% Proanthocyanidins) (Pinus pinaster)	100 mg	**
Hyaluronic Acid (from Sodium Hyaluronate)	80 mg	**
UC-II® Undenatured Type II Collagen	40 mg	**
Boron Bisglycinate Chelate	20 mg	**
Black Pepper Extract (Piper nigrum)(fruit)(Bioperine®)	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

How and WHEN do I take JOINT RX?

Take 4 caps in the morning with or without food, and JOINT RX will start working for you to give you protection throughout the day. You can take JOINT RX with any of our other FMP Supplements including: Burn RX, Balance RX, Heart RX, and Immune RX.

Manufacturing Quality Standards:



Joint RX is a doctor-formulated supplement. Made in a FDA certified Good Manufacturing Practice facility in the USA. Satisfaction Guaranteed.

OUR PROMISE TO YOU: try a full bottle of Joint RX for 30-days and you'll feel more mobile and limber with less pain ... or you pay nothing.

HEART RX

*The Blood Pressure, Cholesterol, &
Healthy Circulation Support for Women 40+*

WHAT does HEART Rx do?

Heart RX helps protect + improve your heart health by working in the following (3) powerful ways:

- Provides the key nutrients your heart needs for optimum functioning (CoQ10, Omega 3s, Zinc, and Magnesium).
- Reduces inflammation and improves the health + integrity of your key arteries & blood vessels.
- Helps improve blood pressure, cholesterol levels, and promotes healthy whole-body circulation.



WHO is HEART Rx for?

- Heart RX is **for women who are taking (or have taken) medication for lowering cholesterol and blood pressure**. Heart RX will provide you with the natural support to improve all aspects of your heart health - including: blood pressure, healthy cholesterol, and better circulation.
- Heart RX is **for women who exercise and want to ensure their heart functions at optimal capacity**. As women age, your hearts naturally lose strength and stamina. Heart RX provides many of the key nutrients (like CoQ10 + Omega 3s) your heart needs for optimal functioning.
- Heart RX is for **women who want to prevent heart disease** (heart attacks, strokes, and vascular disease).

WHAT'S inside HEART RX?

Heart RX contains a powerful & research-backed formulation of 15+ ingredients that improve heart health and reduce inflammation:

- **Heart Energy Complex:**
Vitamin D, Vitamins B6 + B12, CoQ10, Calcium, Magnesium, Zinc
- **Circulation + Anti-Inflammatory + Arterial Health Support:**
Omega 3, Turmeric + Bioperine, Vitamin K2, Grape Seed Extract
- **Cholesterol & Blood Sugar Improvement Support:**
Berberine, Astaxanthin, Omega 3, Garlic Extract

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV*
Vitamin D (as cholecalciferol)	50 mcg	250%
Vitamin K (as menaquinone-7)	50 mcg	42%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Vitamin B12 (as methylcobalamin)	240 mcg	10000%
Calcium (as calcium citrate, dicalcium phosphate)	82 mg	6%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc citrate)	10 mg	91%
Turmeric Extract (95% Curcuminoids) (Curcuma longa)(root)	300 mg	**
Omega-3 F30 Powder (54mg EPA/ 36mg DHA)	300 mg	**
Berberine Hydrochloride (Berberis aristata)(root, stem, & bark)	250 mg	**
Garlic Extract (1% Allicin) (Allium sativum)(bulb)	250 mg	**
Grape Seed Extract 95% Proanthocyanidins (Vitis vinifera)	250 mg	**
Coenzyme Q10 (ubiquinone)	200 mg	**
Black Pepper Extract (Piper nigrum)(fruit)(Bioperine®)	10 mg	**
Astaxanthin 2% Powder (Haematococcus pluvialis)(alga)	2 mg	**

How and WHEN do I take HEART RX?

Take 4 caps in the morning with or without food, and HEART RX will start working for you to give you protection throughout the day. You can take HEART RX with any of our other FMP Supplements including: Burn RX, Balance RX, Joint RX, and Immune RX.

Manufacturing Quality Standards:



HEART RX is a doctor-formulated supplement. Made in a FDA certified Good Manufacturing Practice facility in the USA. Satisfaction Guaranteed.

OUR PROMISE: try a full bottle of Heart RX and see improvements to your stamina, heart rate, and blood pressure ... or you pay nothing.

IMMUNE RX

The 100% Natural Immune Support & Strengthener for Women 40+

WHAT does IMMUNE Rx do?

Immune RX is the safe, natural way to boost your immune system defense against viruses + bacteria while also improving your overall health:

- Provides the key nutrients your immune system needs to produce strong white blood cells.
- Immune RX also contains strong stress-fighting compounds to reduce the damaging effects of stress to help you feel more relaxed & healthy.
- Immune Rx also includes a powerful blend of adaptogenic mushrooms like Shiitake, Reishi, Chaga, & Cordyceps that will improve your energy & overall well being.



WHO is IMMUNE Rx for?

- Immune RX is **for women who want extra-defense for their immune system during times when colds are going around.** Compounds inside Immune RX are research-proven to provide defense against many common viruses, bacteria, & cancers.
- Immune RX is **for women who have caught a cold and are sick.** The ingredients inside Immune RX are research-proven to reduce the severity and duration of most common colds.
- Immune RX is for **women going through stressful periods with work and/or life.** Stress decreases the immune system's effectiveness. Immune Rx will help combat stress and boost immune strength.

WHAT'S inside IMMUNE RX?

Immune RX contains a powerful & research-backed formulation of 18+ ingredients that improve your immune strength and energy:

- **Key Vitamin & Mineral Blend:**
Vitamin C, Vitamin D, Vitamin A, Vitamin E, Vitamin B6, Zinc
- **Powerful Immune Boosting Herbal Blend:**
Elderberry, Echinacea, L-Theanine, Astragalus
- **Adaptogenic Mushroom Blend For Immune Defense & Energy:**
Cordyceps, Reishi, Shiitake, Chaga, Maitake, Turkey Tail

Supplement Facts		
Serving Size: 4 Capsules Servings Per Container: 30		
	Amount Per Serving	% DV *
Vitamin A (as acetate)	900 mcg RAE	100%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D (as cholecalciferol)	20 mcg	100%
Vitamin E (as d-alpha tocopheryl acetate)	15 mg α-tocopherol	100%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Zinc (as zinc citrate)	30 mg	273%
Elderberry Extract (Sambucus nigra L.)(fruit)	300 mg	**
Echinacea Extract (Echinacea purpurea)(aerial)	300 mg	**
Beta 1,3/1.6 Glucan	250 mg	**
Astragalus Extract (Astragalus membranaceus)(root)	150 mg	**
L-Theanine	100 mg	**
Cordyceps Extract (Cordyceps sinensis)(mycelium)	100 mg	**
Reishi Mushroom Powder (Ganoderma lucidum)(fruit body)	100 mg	**
Shiitake Mushroom Powder (Lentinula edodes)(whole plant)	100 mg	**
Maitake Mushroom Powder (Grifola frondosa)(fruit body)	100 mg	**
Chaga Mushroom Extract (Inonotus obliquus)(fruit body)	100 mg	**
Turkey Tail Mushroom Extract (Coriolus versicolor)(fruit body)	100 mg	**
Black Pepper Extract (Piper nigrum)(fruit)(Bioperine®)	5 mg	**

How and WHEN do I take IMMUNE RX?

Take 4 caps in the morning with or without food, and IMMUNE RX will raise your immune strength and defense against viruses & bacteria throughout the day. You can take IMMUNE RX with any of our other FMP Supplements including: Burn RX, Balance RX, Joint RX, and Heart RX.

Manufacturing Quality Standards:



IMMUNE RX is a doctor-formulated supplement. Made in a FDA certified Good Manufacturing Practice facility in the USA. Satisfaction Guaranteed.

OUR PROMISE: try a full bottle of Immune RX and notice improvements to your immune system and decreased stress ... or you pay nothing.